

General Schence

Do the following Worksheets in a separate holidy homework notebook

1. The World of Animals

A. Answer the following questions. 1. Name the five main habitats on earth. 2. Write a short note on polar region 3. Discuss the following body coverings (a) Feathers (b) Scales 4. What is breathing? 5. How does locomotion help animals? 6. Why do animals migrate? Give an example of migratory bird. B. Fill in the blanks. is a vast region that is covered densely by trees. 2. The north pole is named as is the largest habitat on the earth. 4. Scavengers maintain a balance in nature by preventing 5. Insects exchange gases through small openings on their body surface known as of a fish helps them to change direction. State whether the following statements are True or False. 1. Animals like hare, rat and snake live inside burrows. 2. Freshwater is a vast and continuous body of saline water. 3. A turtle swims using the scales on its body. 4. Feathers keep birds warm and protect them from moisture. 5. The south pole is named as Arctic.

Column B

(a) Whale(b) Elephant

(c) Duck (d) Walrus

(e) Bandicoot

D. Match the following.

Column A

3. Polar region

5. Freshwater

1. Forest

E. Tick the correct answer.

5. Seahorse lives in a/an

forest.

1.	The	body of snail is	cove	ered with				
	(a)	fur.	(b)	scales.	(c)	shell.	(d)	none of these.
2.	Vul	ture is a						
	(a)	carnivore.	(b)	scavenger.	(c)	omnivore.	(d)	herbivore.
3.	Elk	is a						
	(a)	(a) flightless animal.				migratory anim	nal.	
	(c) aquatic animal.				(d)	none of these.		
4.	Rep	otiles breathe thr	ougl	h their				
	(a)	lungs.	(b)	gills.	(c)	spiracles.	(d)	skin.

ocean.

(c) freshwater.

(d) none of these.

2. Reproduction in Plants

A.	An	er the following questions.							
	 Why is reproduction an important process? 								
	2. What is the function of cotyledons in a seed?								
	3.	Explain the various stages of germination.							
	4.	Define dispersal. Name the various agents of seed dispersal.							
	5. Define agriculture.								
	6.	What are rabi and kharif crops? Give examples.							
В.	Fil	ill in the blanks.							
	1.	Reproduction is an important process for the of life on the earth.							
	2.	The function of is to protect the seed.							
	3.	The seeds of a cotton plant are very and have either or on them.							
	4.	Plants of one kind grown in a particular area at a particular time are called							
	5.	Seeds should be sown in the right type of to ensure maximum production of							
C.	Sta	ate whether the following statements are True or False.							
	1.	Seed leaves are also known as seed coat.							
	2.	The seedling breaks the seed coat and comes out of the seed.							
	3.	The seeds or fruits of plants growing near or in water have wings or hair on them.							
	4.	Potato plant grows from the leaves.							
	5.	The crops can be protected by storing them properly in sealed containers.							

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D. Match the following.

	Column A			Colum	n B		
1.	Outer seed cover		(a)	Dispers	sal by water		
2.	Seed leaves		(b)	Seed co	oat		
3.	Seed with wings			Dispers			
4.	Spongy or fibrous s	seeds	(d)	Dispers	sal by wind		
5.	Seeds with sticky h	air or hooks	(e)	Cotyled	dons		
Tic	k the correct answe	er.					
1.	Seeds of a sycamor	e are disperse	ed by	/			
	(a) wind.	(b) water.		(c)	explosion.	(d)	animals.
2.	Bryophyllum plant	grows from					
	(a) roots.	(b) stem.		(c)	leaves.	(d)	none of these.
3.	An example of rabi	crop is					
	(a) rice.	(b) maize.		(c)	wheat.	(d)	both (b) and (c).
4.	Seeds of a coconut	plant are dis	perse	ed by			
	(a) wind.	(b) water.		(c)	animals.	(d)	explosion.
5.	Sweet potato grow	s from					
	(a) roots.	(b) stem.		(c)	leaves.	(d)	none of these.

3. Food, Health and Hygiene

A. Answer the following questions.

- 1. What do you mean by health?
- 2. What is a balanced diet?

Nutrionts are the

- 3. Why are proteins called the bodybuilding food?
- 4. Why are vitamins and minerals important for our body?
- 5. What is hygiene? List some ways to maintain hygiene.
- 6. What are deficiency diseases?

B. Fill in the blanks.

•	for growth.
2.	Carbohydrates give to the body.
3.	help our body to fight diseases.
4.	improves the blood circulation of the body.
5.	Plague is a disease.

C. State whether the following statements are True or False.

- 1. Minerals help in the formation of teeth, bones and blood.
- 2. Exercise helps to restore our vigour and energy.
- Carbohydrates give more energy than fats.

6. Anaemia is caused due to the deficiency of

- 4. Exercise helps in developing stronger muscles and bones.
- 5. Cancer is a non-communicable disease.

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D. Match the following.

	Column A		Column B			
1.	Carbohydrates and fats	(a)	Essential for growth			
2.	Proteins	(b)	Formation of bones			
3.	Rest	(c)	Provide energy			
4.	Vitamins	(d)	Improves blood circulation	3		
5.	Minerals	(e)	Fight diseases			
6.	Exercise	(f)	Restores vigour			



E. Give one word/a few words answer for the following.

- The science of cleanliness whose aim is to preserve health and prevent the spread
 of diseases
- 2. The condition of abnormal functioning of a part of the body or the whole body
- 3. Building materials of our body
- 4. Food that contains all the nutrients in the right amount
- 5. Diseases that occur due to deficiency of nutrients in one's diet
- 6. Diseases that transmit from one person to another

Make two full size charts on thick chart papers on any Two of the following topics:

- ► Animal habitats.
- ► Seed dispersal.
- ▶ Personal hygiene.
- ▶ Non communicable diseases
- N Covid 19 virus and its transmission and prevention methods.

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